## COUNSELING

## **Counseling and Student Development**

The Counseling Department assists students in the selection of career and educational goals consistent with their interests and aptitudes. The mission of Counseling and Student Support Services is to provide and foster a nurturing and supportive environment that empowers students to persist in developing and achieving their full and unique academic, career, personal, and education life goals. Counseling services are readily available to all students and tailored to meet each individual's needs.

Comprehensive counseling assistance is available during a scheduled 60-minute counseling appointment. Additionally, First Come First Serve counseling sessions are available in 10-minute segments, no appointment necessary. Career counseling services will assist students through the career exploration and decision-making process.

Students may schedule an appointment online at https://www.lbcc.edu/ counseling (https://www.lbcc.edu/counseling/) or in person at A-1111 (LAC) or GG-202 (PCC) and by phone at 562-938-4561 (LAC) or 562-938-3920 (PCC).

Online counseling services are also available as a flexible alternative to meeting with a counselor in person. Students may meet with a counselor via online, phone, or chat modalities. For counseling hours at either campus, check the LBCC website counseling website at https://www.lbcc.edu/contact/counseling-office (https://www.lbcc.edu/contact/ counseling-office/).