

NUTRITION AND DIETETICS

- Breastfeeding and Nutrition - Certificate of Completion (<https://lbcc-public.courseleaf.com/noncredit/programs-of-study/nutrition-dietetics/breastfeeding-nutrition-certificate-completion/>)
- Cake Decorating Techniques - Certificate of Completion (<https://lbcc-public.courseleaf.com/noncredit/programs-of-study/nutrition-dietetics/cake-decorating-techniques-certificate-completion/>)
- Certified Dietary Manager (CDM) Board Exam Preparation - Certificate of Completion (<https://lbcc-public.courseleaf.com/noncredit/programs-of-study/nutrition-dietetics/certified-dietary-manager-cdm-board-exam-preparation-certificate-completion/>)

FT 651 0 units

Cake Decorating Techniques

18 hours lecture, 36 hours laboratory

Grading: non graded.

This course covers cake decorating techniques, recipes, tools and skill development. A variety of icings, designs, and shaping techniques will be covered.

FT 652 0 units

Cake Decorating for Special Occasions

18 hours lecture, 36 hours laboratory

Grading: non graded.

This course covers cake decorating techniques for special occasions. Included will be creating cakes with special effects, candy molds, novelties, international styles, delivery, set up techniques and business practices.

NUTR 601 0 units

CDM Board Exam Preparation 1

18 hours lecture

Grading: non graded.

The NUTR 601 provides students with information, resources, and insights to facilitate their preparation for the national credentialing examination for dietary managers in health care institutions. The CDM Board Exam is based on the five competency areas included Nutrition, Foodservice Management, Personnel and Communications, Sanitation and Food Safety, and Business Operations. The NUTR 601 course is designed based on two of the competency areas including in the Certified Dietary Manager (CDM) Board Exam. The NUTR 601 course will cover the Nutrition component and Foodservice Management component of the CDM Board Exam.

NUTR 602 0 units

CDM Board Exam Preparation 2

18 hours lecture

Grading: non graded.

The NUTR 602 provides students with information, resources, and insights to facilitate their preparation for the national credentialing examination for Certified Dietary Managers (CDM) in health care institutions. The CDM Board exam topics cover the five competency areas including, Nutrition, Foodservice Management, Personnel, and Communications, Sanitation, and Food Safety and Business Operations. The NUTR 602 course is designed based on three of the competency areas. The NUTR 602 course will cover Personnel and Communications, Sanitation and Food Safety, and Business Operations component of the CDM Board Exam.

NUTR 610 0 units

Breastfeeding and Nutrition Stage I

18 hours lecture

Grading: non graded.

This course is designed to teach the basic concept of breastfeeding, the importance of nutrition for new moms, and the impact breastfeeding has on public health and the workplace.

NUTR 611 0 units

Breastfeeding and Nutrition Stage II

18 hours lecture

Grading: non graded.

This course is designed to teach practical nutrition skills for breastfeeding moms and the cultural impact of breastfeeding. In addition, it will provide general information on the FLSA's protections for nursing employees, as extended by the Urgent Maternal Protections for Nursing Mothers Act (Pump Act).

NUTR 653 0 units

ServSafe Certification Exam Prep

18 hours lecture

Grading: non graded.

This course will address the required standards of sanitation and safety in the handling, preparation, and serving of food to protect the public's health. Students will be prepared to take the ServSafe Food Protection Manager Certification Examination at the conclusion of the course. This Certificate required for those working in a food service and healthcare industries and meets the California State Health Code.