

PSYCHOLOGY

The psychology program presents psychology as the science of mental processes and behaviors, providing research results applicable to everyday life and benefiting human welfare. A second purpose is to prepare students for transfer to a university. Upon completion of their program, psychology majors will be able to describe psychological science as a diverse field of research with both academic and practical applications, that encompasses more than a dozen major subfields. They will be able to identify and explain the four goals of psychology (really, the four goals of science). These goals are description, explanation, prediction and control of mental processes and behaviors occurring within an individual as well as within inter- personal, cultural, and global contexts. Students completing the psychology major program will be equipped to use the scientific method to explore healthy mental processes and behaviors, as well as the pathological ones. Psychology coursework is done in a variety of specialties including social psychology, abnormal psychology, cognitive psychology, biological psychology, and personality, psychology of gender and sexuality and research methods. Psychology curriculum introduces students to many of these subspecialties in preparation for upper division coursework at a four-year college or university.

Associate in Arts Transfer Degrees

- Psychology - Associate in Arts Transfer Degree (<https://lbcc-public.courseleaf.com/degrees-certificates/psychology/psychology-aa/>)

PSYCH 1 (C-ID PSY 110) 3 units

Introduction to Psychology

54 hours lecture

Recommended Preparation: ENGL 1, ENGL 1H, ENGL 1S, or ESL 1S.

Grading: letter grade or pass/no pass.

This course is an introduction to the scientific study of behavior and mental processes. It will cover critical thinking and the scientific method, biopsychology, sensation and perception, consciousness and thinking, lifespan development, learning and memory, emotion and stress, psychological disorders and therapy, personality, and social psychology.

Transferable to both UC and CSU; see counselor for limitations

PSYCH 1H (C-ID PSY 110) 3 units

Honors Introduction to Psychology

54 hours lecture

Prerequisite: Qualification for the Honors Program.

Recommended Preparation: ENGL 1, ENGL 1H, ENGL 1S, or ESL 1S.

Grading: letter grade or pass/no pass.

This course is an introduction to the scientific study of behavior and mental processes. It will cover critical thinking and the scientific method, biopsychology, sensation and perception, consciousness and thinking, lifespan development, learning and memory, emotion and stress, psychological disorders and therapy, personality, and social psychology.

Transferable to both UC and CSU; see counselor for limitations

PSYCH 2 (C-ID PSY 205B) 4 units

Research Methods for Psychology

54 hours lecture, 54 hours laboratory

Prerequisite: PSYCH 1 and STAT 1 or STAT 1H or MATH 21B.

Grading: letter grade or pass/no pass.

The course provides a basic understanding of the scientific method, research designs, and statistical tests used in psychological investigation. Students perform a literature review, design an original research study, collect and analyze data, and write an APA-style research report.

Transferable to both UC and CSU; see counselor for limitations

PSYCH 4 3 units

Psychology of Adjustment

54 hours lecture

Grading: letter grade or pass/no pass.

This course will focus on the application of psychological principles to everyday life, emphasizing how to cope with life's challenges and demands. It will take a broad approach to understanding how clinicians, scientists, and practitioners study and apply psychology. We will consider many different topics including stress, work, family, friends, the self, disorders, and therapy.

Transferable to CSU Only

PSYCH 6 (C-ID PSY 150) 3 units

Physiological Foundations of Psychology

54 hours lecture

Prerequisite: PSYCH 1.

Grading: letter grade.

This course is an introduction to physiological aspects of human behavior including the central and peripheral nervous system and the endocrine system. It explores the physiological basis for cognition, consciousness, movement, motivation, learning, sensation, perception, memory, sex drive, addiction and psychopathology. This is an essential course for psychology majors, and health professionals would find this course very useful.

Transferable to both UC and CSU; see counselor for limitations

PSYCH 10 3 units

Human Sexuality

54 hours lecture

Recommended Preparation: Qualification for ENGL 1, ENGL 1H, ENGL 1S, or ESL 1S through the LBCC placement process.

Grading: letter grade or pass/no pass.

This course provides a comprehensive overview to human sexuality from multiple perspectives including psychological, sociological, cultural, biological, and historical perspectives. Students will examine knowledge, sexual attitudes, values and behaviors within the context of society and their own personal lives. Individual value systems, sexual development and interpersonal relationships will be evaluated. Current sexual norms and various aspects of interpersonal and individual sexual adjustment will be explored. This course is not open for credit to students registered in or with credit in HLED 10.

Transferable to both UC and CSU; see counselor for limitations

PSYCH 11 (C-ID PSY 170) 3 units

Social Psychology

54 hours lecture

Grading: letter grade or pass/no pass.

This course is designed to explore how an individual's behavior, thoughts and feelings are influenced by the presence, characteristics and actions of others. A variety of topics will be addressed, including attitudes, persuasion, stereotypes, group processes, conformity and interpersonal attraction.

Transferable to both UC and CSU; see counselor for limitations

PSYCH 11H 3 units

Honors Social Psychology

54 hours lecture

Prerequisite: Qualification for the Honors Program.

Grading: letter grade or pass/no pass.

This course is designed to explore how an individual's behavior, thoughts and feelings are influenced by the presence, characteristics and actions of others. A variety of topics will be addressed, including attitudes, persuasion, stereotypes, group processes, conformity and interpersonal attraction.

Transferable to both UC and CSU; see counselor for limitations

PSYCH 14 3 units

Abnormal Psychology

54 hours lecture

Recommended Preparation: PSYCH 1.

Grading: letter grade or pass/no pass.

This class surveys abnormal behaviors, including anxiety disorders, trauma and stressor related disorders, depressive and bipolar related disorders, schizophrenia spectrum and other psychotic disorders, substance-related and addictive disorders, gender dysphoria and sexual dysfunctions, feeding and eating disorders, sleep disorders, neurodevelopmental disorders and disorders that begin in childhood, neurocognitive disorders and disorders related to aging, personality disorders, ways of determining abnormality, causes and treatment of disorders.

Transferable to both UC and CSU; see counselor for limitations

PSYCH 33 3 units

Psychology of Personality

54 hours lecture

Prerequisite: PSYCH 1.

Grading: letter grade or pass/no pass.

This course focuses on historical and contemporary approaches to assessing and understanding personality similarities and differences among people. How the scientific method is used to study personality will be discussed. Social and cultural influences on personality development will be considered. The extent to which personality factors predict the behaviors, feelings, and thoughts of individuals will be examined.

Transferable to both UC and CSU; see counselor for limitations