

BREASTFEEDING AND NUTRITION - CERTIFICATE OF COMPLETION

Plan Code: 6059

This program is designed to provide education and training in breastfeeding support and nutrition counseling principles and practices. This program is designed for individuals seeking to pursue careers as lactation consultants, nutrition counselors, or other related roles in healthcare, public health, or community settings. The certificate equips students with the essential knowledge and skills necessary to effectively support breastfeeding mothers and promote optimal nutrition for infants, children, and families.

Program Student Learning Outcomes

- Describe the nutritional needs during pregnancy, lactation, and infancy.
- Describe nutrition and cooking strategies for breastfeeding moms to increase the nutrient content of foods.

Program Requirements

Code Number	Course Title	Credits
NUTR 610	Breastfeeding and Nutrition Stage I	18
NUTR 611	Breastfeeding and Nutrition Stage II	18
Total Hours		36