

# HUMAN SERVICES, ADDICTION STUDIES (HS\_AS)

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## HS\_AS 41 3 units

### Introduction to Chemical Dependency

#### 54 hours lecture

Grading: letter grade.

Formerly HS 41. This course takes the student through the history of abuse of alcohol and other mood-altering substances. How persons develop the ability to abuse and become addicted to other behaviors, such as food and sex, will also be examined. Psychological, social and physical contributions and outcomes of addictive behavior will be presented. This course is designed for those students interested in the helping professions, especially those interested in a career in Alcohol and Drug Studies. This course will assist students in preparation for the California Association of Alcohol/Drug Educators (CAADE) and/or California Association of Alcohol and Drug Abuse Counselors (CAADAC) certification tests.

Transferable to CSU Only

## HS\_AS 43 3 units

### Case Management: Treatment & Aftercare

#### 54 hours lecture

Grading: letter grade.

Formerly HS 43. Students will examine ways to conduct initial intake assessments, design, implement and evaluate a treatment plan plus examine various types of treatment programs and major issues to address for effective termination of clients. Client/case manager legal and confidentiality issues will also be presented. This course is designed for those interested in the helping fields. This course is required for students in preparing for the California Association of Alcohol/Drug Educators (CAADE) and/or California Association of Alcohol and Drug Abuse Counselors (CAADAC) certification.

Transferable to CSU Only

## HS\_AS 46 3 units

### Physiology & Pharmacology of Drugs

#### 54 hours lecture

Grading: letter grade.

Formerly HS 46. This course examines the effects that alcohol and several other psychoactive drugs have on our brain, body and everyday behavior. Issues including drug tolerance, co-occurring disorders and the effects of drugs on sexual performance are examined and as well as how to utilize this information when developing a treatment plan. This course is required for students preparing for both the California Association of Alcohol/Drug Educators (CAADE) and/or California Association of Alcohol and Drug Abuse Counselors (CAADAC) certification.

Transferable to CSU Only

## HS\_AS 47 3 units

### Intervention, Treatment & Recovery

#### 54 hours lecture

Grading: letter grade.

Formerly HS 47. This course examines the treatment and recovery communication process from the perspective of both the client and case manager. Several therapeutic educational approaches will be presented and applied through homework skills assignments and case presentations. This course is designed for students interested in the helping professions or pursuing a career in alcohol/drug studies. This course will assist students in preparation for the California Association of Alcohol/Drug Educators (CAADE) and/or California Association of Alcohol and Drug Abuse Counselors (CAADAC) certification exam.

Transferable to CSU Only

## HS\_AS 48 3 units

### Group & Family Process

#### 54 hours lecture

Grading: letter grade.

Formerly HS 48. Students will explore the counseling process from the perspective of both the client and counselor. Therapeutic orientations of group/family counseling will be learned and applied through class discussions, case vignettes, and role-play. The course is designed for students interested in the helping professions. The course will assist students in preparation for the California Association of Alcohol/Drug Educators (CAADE) and/or California Association of Alcohol and Drug Abuse Counselors (CAADAC) certification.

Transferable to CSU Only

## HS\_AS 50 3 units

### Law and Ethics

#### 54 hours lecture

Grading: letter grade.

Formerly HS 50. Topics covered include the applicable laws and ethics related to case manager/client relationships in a treatment setting. Laws addressing confidentiality, patient rights, assessments, sharing of personal information and crisis intervention requirements will be presented. Learning how to deal with issues such as evaluating a person's potential for suicide, child or elder abuse as well as when individuals pose a serious potential of harm to themselves or others are also examined. This is a core course for Human Services Generalist and Addiction Studies curricula.

Transferable to CSU Only

## HS\_AS 72A 3.5 units

### Field Instruction and Seminar I

#### 27 hours lecture, 108 hours laboratory

Prerequisite: HS\_AS 41, 43, 50 and HS 252.

Grading: letter grade.

Formerly HS 72A. This course provides supervised field-instruction experience in approved community agencies serving clients in the field of addiction treatment. The focus of the course is allowing the student to apply knowledge and learn new skills outside of the classroom environment. This course is designed to provide the student with an opportunity to develop skills that would facilitate gaining employment in the addiction services field. Development and use of helping skills, client record documentation, service coordination, self-awareness, and beginning professional growth are also emphasized.

Transferable to CSU Only

**HS\_AS 72B 3.5 units**

**Field Instruction and Seminar II**

**27 hours lecture, 108 hours laboratory**

Prerequisite: HS\_AS 72A.

Grading: letter grade.

Formerly HS 72B. This course provides continued supervised field-instruction experience in an approved agency focused on the addiction treatment. Students increase development of helping skills, client record documentation and service coordination. The course emphasizes the increased integration of theoretical human services concepts, industry-related and evidence-based competencies and practices in the field of addiction studies and treatments. This course is intended only for students in their final semester of an Addiction Studies Program.

Transferable to CSU Only

**HS\_AS 153 3 units**

**Multicultural and Diverse Populations**

**54 hours lecture**

Grading: letter grade.

Formerly HS 153. This course focuses on the major cultural, historical and societal themes in the United States and highlights the competencies needed to address and work effectively with people from various ethnic, racial, and religious groups. The course examines the knowledge, skills, and attitudes needed for the treatment providers to understand the full context of the clients' sociocultural environment and examines those that have been disadvantaged or excluded from the mainstream of US society. Includes those with co-occurring disorders. Students seek understanding across differences and focus on psychoeducation in subject areas that serve the goals of treatment and rehabilitation.

**HS\_AS 162 3 units**

**Addiction Counseling Skills**

**54 hours lecture**

Grading: letter grade.

Formerly HS 162. This course is an introduction to the basic skills and techniques of counseling for addiction counselors. This course describes characteristics of an effective counselor, explores several theoretical models of counseling, and assists the individual to develop skills in active listening, building rapport and trust, reflecting feelings and content, and using evidenced-based applications of counseling practices.

**HS\_AS 252 3 units**

**Co-Occurring Disorders**

**54 hours lecture**

Grading: letter grade.

Formerly HS 252. This course explores understanding mental illness and persons with more than one mental/psychiatric disorder. It introduces students to the various disorders in infancy, childhood, adolescence and adulthood. It will introduce students to co-existing disorders and various diagnosis and treatment techniques used to treat this unique population. Students will tour two different types of mental health facilities to provide an additional understanding of mental health issues.