

FAMILY AND CONSUMER STUDIES (FACS)

FACS 50 3 units

Consumer Awareness

54 hours lecture

Grading: letter grade or pass/no pass.

This course covers personal finance, debt reduction, and investment for individuals and families. Topics include monthly budgeting for food, clothing, housing, transportation, health care, investing and insurance. Additional topics that will be examined are short-term and long-term financial goals related to savings, investments, insurance and wills, and consumer rights and responsibilities. This course is applicable for personal and professional use.

Transferable to CSU Only

FACS 64 3 units

Life Management

54 hours lecture

Grading: letter grade or pass/no pass.

This course provides individuals with skills for understanding and using resources for effective functioning now and in the future. Major topics include steps in goal setting; problem solving and value clarifications; time, energy, stress, and conflict management; education and career planning; effect of cultural forces and future trends on goals, values, standards, and time management.

Transferable to CSU Only