

LBCC GENERAL EDUCATION (PLAN A)

All information contained herein is subject to change without notice.¹

Since individual plans and circumstances vary, students should consult with a counselor before beginning a program of study to ensure the appropriate General Education pattern is followed.

This general education plan is designed for students planning to obtain an Associate Degree. The general education requirements are only one component of the Associate Degree. Use this sheet in conjunction with the curriculum guide (located at <https://www.lbcc.edu/curriculum-guides> (<https://www.lbcc.edu/curriculum-guides/>)) for your choice of major, and in consultation with a counselor.

Please note that completion of an A.A./A.S. degree does not automatically qualify a student to transfer. Students planning to transfer to a CSU or UC school should refer to the CSUGE-B or IGETC General Education Course Patterns (Plan B or Plan C at <https://www.lbcc.edu/general-education-patterns>) and consult with a counselor to determine the best general education pattern.

¹ 2021-2022 Plan A Checklist: Published July 2021. Long Beach City College Office of School and College Articulation.

Cross-Listed Courses

A cross-listed course is interdisciplinary and is the same course as its cross-listed counterparts. A cross-listed course CANNOT be used in more than one subject area: ECON 5 = GEOG 5: The Global Economy; HUMAN 1/1H= SOCS 1/1H: Comparative World Cultures/Honors CWC; HUMAN 7= SOCS 7: American Pluralism and Identity; HLED 10 = PSYCH 10: Human Sexuality; ETHST 6 = EDUC 6 Ethnic Studies for Education/Educators

Graduation Proficiency Requirements

Mathematics

Successful completion with a grade of "C" or higher in a college math course at the level of MATH 120 or MATH 130 or MATH 130A or MATH 140 or MATH 115 or higher OR transcript verified completion with a grade of "C" or higher in a high school Math class at the level of Intermediate Algebra.

Reading

Proficiency may be achieved by satisfying one of the following:

- A qualifying placement through LBCC multiple assessment measures.
- A passing grade of a "C", "P", or higher in READ 82 or READ 83 at LBCC (Courses taken at other colleges may be individually reviewed for equivalency by the Reading Department Chair.
- A passing grade of a "C" or higher in any course in the CSU GE (A3) Critical Thinking category OR IGETC (1B) Critical Thinking and Composition category.
- An A.A., A.S., or a Bachelor's Degree from a regionally accredited college or university.

- Complete the Expository Reading and Writing Course in grade 12 with a "C" or higher for both semesters.

Writing

Complete ENGL 1, ENGL 1H, ENGL 1S or ESL 1S with a grade of "C", "P" or higher.

Information Competency

Information Competency is the ability to find, evaluate, use and communicate information in all its various formats. It combines aspects of library literacy, research methods and technology proficiency. **Students must complete ONE course from INFORMATION and ONE course from TECHNOLOGY** (courses MUST be completed with a grade of "C", "P" or higher).

Information Component

Code Number	Course Title	Units
Complete one of the following:		
COMM 60	Elements of Argumentation and Debate (3)	
ENGL 1	Reading and Composition (4)	
ENGL 1H	Honors Reading and Composition (4)	
ENGL 15	Intro to Latino/Latina/Latinx Literature (3)	
ENGL 3	Argumentative and Critical Writing (4)	
ENGL 3H	Honors Argumentative & Critical Writing (4)	
LIB 1	Introduction to Information (2)	

Technology Component

Code Number	Course Title	Units
Complete one of the following:		
COSA 1	Computer Information Competency (1)	
COSA 5	Microsoft Windows Operating System (3)	
COSA 20	Microsoft PowerPoint for Windows (3)	
COSA 25	Microsoft Access for Windows (3)	
COSA 30	Introduction to Computers (3)	
COSA 35	Microsoft Office (3)	
COSA 50	Intro to IT Concepts and Applications (4)	
COSK 200	Keyboarding and Document Production (3)	

Area Requirements

Double-counting of courses listed in more than one area of the general education pattern is NOT allowed. For example, HIST 25 is listed in both the American History and Social Sciences requirement areas, but it may be used to satisfy only one of these requirements. However, courses listed in a requirement area may be used to satisfy graduation proficiencies (see above section).

English Composition

One Class Required (3 units minimum).

Code Number	Course Title	Units
Complete one of the following:		
ENGL 1/1H	Reading and Composition (4)	
ENGL 1S	Reading and Composition with Support (5)	
ESL 1S	College Writing for Non-Native Speakers (5)	

Communication and Analytical Thinking

One Class Required (3 units minimum).

Code Number	Course Title	Units
Complete one of the following:		
BCOM 15	Business Communications (3)	
COMM 10/10H	Elements of Public Speaking (3)	
COMM 20	Elements of Interpersonal Communication (3)	
COMM 30	Elements of Group Communication (3)	
COMM 45	Elements of Persuasion (3)	
COMM 60	Elements of Argumentation and Debate (3)	
COSA 2	Critical Thinking Using Computers (3)	
COSP 8	Visual Basic Programming (4)	
COSP 10	Introduction to C# Programming (4)	
CS 11	Introduction to Computer Science- C++ (3)	
CS 21	Introduction to Computer Science-Java (3)	
COUNS 2	Making a Difference with Mentoring (3)	
ELECT 225	Algebra and Trigonometry for Technicians (4)	
ENGL 3/3H	Argumentative and Critical Writing (4)	
ENGL 4/4H	Critical Analysis of Literature (4)	
HIST 47	Facts, Evidence, and Explanation (3)	
MATH 27	Probability and Statistics for Elementary Teachers (3)	
MATH 28	Mathematics for Elementary Teaching I (3)	
MATH 37	Finite Mathematics (3)	
MATH 40	Trigonometry (3)	
MATH 45	College Algebra (4)	
MATH 47	Calculus for Business (3)	
MATH 50	Precalculus Math (5)	
MATH 60/60H	First Calculus Course (5)	
MATH 70/70H	Second Calculus Course (5)	
MATH 80	Third Calculus Course (5)	
MATH 84	Intro Differential Eqns and Linear Alg (5)	
MATH 120	Geometry (4)	
MATH 130	Intermediate Algebra (5)	
MATH 130A	Intermediate Algebra, Part A (3)	
MATH 130B	Intermediate Algebra, Part B (3)	
PHIL 11	Critical Thinking (3)	
PHIL 12	Introduction to Logic (3)	
PHIL 22	Symbolic Logic (3)	
READ 82	Proficient Reading (4)	
READ 83	Power Reading (3)	
READ 84	Analytical Reading (3)	
STAT 1/1H	Elementary Statistics (4)	

Natural Sciences

One class required (3 units minimum) from either physical sciences or natural sciences.

Note: Some classes include a laboratory component.

Physical Sciences

Code Number	Course Title	Units
ASTR 1/1H	Elementary Astronomy (3)	
ASTR 1L	Astronomy Laboratory (2)	
CHEM 1A	General Chemistry (5.5)	
CHEM 1B	General Chemistry (5.5)	
CHEM 2	Elementary Chemistry (4.5)	
CHEM 3	Intro to Gen, Organic and Biochemistry (5)	
CHEM 4	Survey of Chemistry and Physics (4) ²	
CHEM 12A	Organic Chemistry (5.5)	
CHEM 12B	Organic Chemistry (5.5)	
ENVRS 1	Energy for the Future (3)	
GEOL 1/1H	General Physical Geology (4.5)	
GEOL 2	General Geology, Physical (3)	
GEOL 2F	Geology Field Trips (1)	
GEOL 2L	General Geology, Physical Geology Lab (1.5)	
GEOL 3/3H	Historical Geology (4.5)	
GEOL 4	Field Geology (2)	
GEOL 5	Environmental Geology (3)	
GEOL 7	Field Studies: Western Environments (2)	
GEOL 10	Earth Science for Educators (4)	
GEOL 16	Field Techniques/Geol: So Calif Deserts (3)	
GEOL 17	Geology of Southern California Deserts (2)	
GEOL 18	Geology of California (3)	
PGEOG 1	Physical Geography (3)	
PGEOG 1L	Physical Geography Lab (1.5)	
PGEOG 2	Weather and Climate (3)	
PHYS 2A	General Physics (4.5)	
PHYS 2B	General Physics (4.5)	
PHYS 3A	Physics for Sci. & Eng. - Mechanics (5.5)	
PHYS 3B	Physics for Sci. & Eng. - E & M (4.5)	
PHYS 3C	Physics for Sci. & Eng. - Modern Physics (4.5)	
PHYS 4	Survey of Chemistry and Physics (4) ²	

Biological Sciences

Code Number	Course Title	Units
ANAT 1	Human Anatomy (4)	
ANAT 41	Anatomy & Physiology (5)	
ANTHR 1/1H	Physical Anthropology (3)	
ANTHR 1L	Physical Anthropology Laboratory (2)	
ANTHR 11	Physical Anthropology Lecture and Lab (5)	
BIO 1A	Biology for Science Majors (5)	
BIO 1B	Biology for Science Majors (5)	
BIO 2	General Microbiology (5)	
BIO 5	Plant Biology (4)	
BIO 11	Environmental Problems of Man (3)	
BIO 20/20H	Marine Biology (4)	
BIO 22	The Marine Environment (3)	
BIO 25	Biology and Society (3)	
BIO 30	Wildlife Biology (4)	
BIO 31	Birds (2)	

BIO 41/41H	Contemporary Biology (3)
BIO 41L	Contemporary Biology Laboratory (1)
BIO 60	Human Biology (4)
BIO 60L	Human Biology Laboratory (1)
BIO 61	Introduction to Pathophysiology (3)
PHYSI 1	Human Physiology (5)

² A cross-listed course cannot be used in more than one discipline nor can it be used to certify more than one area on Plan A.

Social Sciences

One class required (3 units minimum).

Code Number	Course Title	Units
Complete one of the following:		
ANTHR 2/2H	Cultural Anthropology (3)	
ANTHR 3/3H	Intro to Archaeology (3)	
ANTHR 4	Linguistic Anthropology (3)	
CDECE 45	Child & Adolescent Development DS1 (3)	
CDECE 47	Human Development (3)	
COMM 25	Elements of Intercultural Communication (3) ³	
COMM 40	Elements of Communication Theory (3)	
ECON 1/1H	Macro Economic Analysis (3)	
ECON 2/2H	Micro Economic Analysis (3)	
ECON 3	General Concepts in Economics (3)	
ECON 4	Contemporary Economic Issues (3)	
ECON 5	The Global Economy (3) ²	
ETHST 1/1H	Introduction to Ethnic Studies (3)	
FASH 32	History of Fashion (3)	
GEOG 2	Elements of Cultural Geography (3)	
GEOG 5	The Global Economy (3) ²	
GEOG 40	World Regional Geography (3)	
GEOG 48	Geography of California (3)	
GLST 1	Introduction to Global Studies (3)	
GLST 2	Global Issues (3)	
HLED 10	Human Sexuality (3) ²	
HLED 21	Introduction to Public Health (3)	
HLED 22	Health and Social Justice (3)	
HIST 1A/1AH	History of Western (European) Civilization (3)	
HIST 1B/1BH	History of Western (European) Civilization (3)	
HIST 2B	World History to 1500 (3)	
HIST 2C/2CH	World History Since 1500 (3)	
HIST 7	Ancient Egypt History (3)	
HIST 9A	History of China (3)	
HIST 9B	History of Japan and Korea (3)	
HIST 9C	History of India and Southeast Asia (3)	
HIST 18	History of Mexico (3)	
HIST 25	History of Women and Gender in the U.S. (3)	
HIST 27A	African American History to 1877 (3)	

HIST 27B	African American History 1877 to present (3)
HIST 33	Introduction to Chicana/o History (3)
JOURN 10	Intro to Global Media Communications (3)
PHIL 1/1H	Philosophy of LGBTQIA+ Studies (3)
PHIL 10/10H	Introduction to Feminist Philosophy (3)
POLSC 2/2H	Comparative Government (3)
POLSC 4/4H	World Politics (3)
POLSC 9	The Constitution, Law and Society (3)
POLSC 10	Introduction to Political Science (3)
POLSC 11	Introduction to Political Theory (3)
PSYCH 1/1H	Introduction to Psychology (3)
PSYCH 2	Research Methods for Psychology (4)
PSYCH 4	Psychology of Adjustment (3)
PSYCH 10	Human Sexuality (3) ³
PSYCH 11	Social Psychology (3)
PSYCH 14	Abnormal Psychology (3)
PSYCH 33	Psychology of Personality (3)
PUBAD 1	Introduction to Public Administration (3)
SOCSC 1/1H	Comparative World Cultures (3) ²
SOCSC 7	Intro to Ethnic Histories and Identity (3) ²
SOCIO 1/1H	Introduction to Sociology (3)
SOCIO 2	Modern Social Problems (3)
SOCIO 11/11H	Race & Ethnic Relations in the U.S. (3)
SOCIO 13	Sociology of Latinos and Latinas (3)
SOCIO 17	Introduction to Sociology of Gender (3)
SOCIO 40	Sociology of the Family (3)

² A cross-listed course cannot be used in more than one discipline nor can it be used to certify more than one area on Plan A.

³ Prior to Fall 2020, COMM 25 was listed in the Communication and Analytical thinking and Social Sciences area of Plan A. Effective Fall 2020, COMM 25 has been removed from the Communication and Analytical Thinking and will only remain in the area of Social Sciences. This change is being made in order to align the course on Plan A with the CSUGE-B (Plan B) and IGETC (Plan C) general education patterns.

American History

One class required (3 units minimum).

Note: Not required for the A.S. Degree

Note: Students are no longer required to take both 8A/8AH and 8B/8BH at LBCC. Students may now take either 8A/8AH or 8B/8BH to fulfill the history portion of the U.S. History, Constitution, and American Ideals requirements. (Retroactive to Fall 2011)

Code Number	Course Title	Units
Complete one of the following:		
HIST 8A/8AH	History of the Americas (3)	
HIST 8B/8BH	History of the Americas (Modern Era) (3)	
HIST 10/10H	Hist./Early America (Colonial-Reconstr) (3)	
HIST 11/11H	Hist./Modern America (Reconstr-Present) (3)	
HIST 25	History of Women and Gender in the U.S. (3)	

HIST 27A	African American History to 1877 (3)
HIST 27B	African American History 1877 to present (3)
HIST 33	Introduction to Chicana/o History (3)

Political Science

One class required (3 units minimum).

Note: Not required for the A.S. Degree.

Code Number	Course Title	Units
Complete one of the following:		
POLSC 1/1H	Introduction to Government (3)	
POLSC 3	Issues of American Government (3)	

Humanities and Arts

One class required (3 units minimum).

Code Number	Course Title	Units
Complete one of the following:		
ART 1/1H	Art and Civilization (3)	
ART 2/2H	Art and Civilization (3)	
ART 3	Modern and Contemporary Art (3)	
ART 4	African, Oceanic, Native American Art (3)	
ART 5	History of Asian Art (3)	
ART 9	Introduction to Art (3)	
ART 10	Art Appreciation (3)	
ART 11	Latin American Art and Architecture (3)	
ART 15	Beginning Drawing (3)	
ART 23	Beginning Painting (3)	
ART 24	Watercolor, Beginning (3)	
ART 26	Figure Painting (3)	
ART 30	Three Dimensional Design (3)	
ART 31	Two Dimensional Design (3)	
ART 34	Applied Design/Crafts (3)	
ART 35	Beginning Jewelry (3)	
ART 50	Ceramics I (3)	
ART 51	Ceramics II (3)	
ART 60	Beginning Sculpture (3)	
ART 62	Metal Fabrication Sculpture (4)	
ART 70	Printmaking, Silkscreen (3)	
ART 71	Printmaking, Intaglio (3)	
ART 80	Elements of Photography (3)	
CHIN 1	Elementary Chinese 1 (5)	
CHIN 2	Elementary Chinese 2 (5)	
COMM 50	Elements of Oral Interpretation (3)	
CART 41	The Arts and Modern Man (3)	
DANCE 1	Dance Forms Through the Ages (3)	
DANCE 19	Hip Hop Dance History (3)	
DMA 15	Interaction and Web Design (3)	
ENGL 2	Introduction to Literature/Composition (4)	
ENGL 26	Creative Writing 1 (3)	
ENGL 32	Masterpieces/Asian Literature (in English) (3)	

ENGL 33/33H	Mythology (4)
ENGL 34	Literature for Children and Young Adults (4)
ENGL 35	Interpreting the Short Story (3)
ENGL 36	The Novel (3)
ENGL 37	Science Fiction, Fantasy and Horror (3)
ENGL 38	The Bible as Lit: The Old Testament (3)
ENGL 39	The Bible as Lit: Apocrypha/New Testament (3)
ENGL 41	American Literature I (4)
ENGL 42	American Literature II (4)
ENGL 43A	Introduction to Shakespeare (4)
ENGL 43B	Introduction to Shakespeare (4)
ENGL 44/44H	World Literature I (4)
ENGL 45/45H	World Literature II (4)
ENGL 46	Survey of British Literature I (4)
ENGL 47	Survey of British Literature II (4)
ENGL 48/48H	Modern & Contemporary Literature (3)
ENGL 49/49H	Film and Literature (3)
ENGL 53A	Introduction to Creative Nonfiction (3)
FASH 32	History of Fashion (3)
FILM 1	Introduction to Film Studies (3)
FILM 2A	Film History I (3)
FILM 2B	Film History II (3)
FILM 10	Film Genres (3)
FILM 25	Introduction to Digital Cinematography (3)
FREN 1	Elementary French (5)
FREN 1C	French 1 for Spanish Speakers (5)
FREN 2	Elementary French (5)
FREN 2C	French 2 for Spanish Speakers (5)
FREN 3	Intermediate French (5)
FREN 4	Intermediate French (5)
FREN 25A	Advanced French: Culture in Literature (3)
GER 1	Elementary German (5)
GER 2	Elementary German (5)
HUMAN 1/1H	Comparative World Cultures (3) ²
HUMAN 7	Intro to Ethnic Histories and Identity (3) ²
ITAL 1	Elementary Italian (5)
ITAL 2	Elementary Italian (5)
JAPAN 1	Elementary Japanese (5)
JAPAN 2	Elementary Japanese (5)
JAPAN 3	Intermediate Japanese (5)
JAPAN 4	Intermediate Japanese (5)
KHMER 9	Khmer for Heritage Speakers (5)
KHMER 10	Khmer for Heritage Speakers (5)
LING 1/1H	Linguistics 1 (3)
LING 3H/3H	Honors Introduction to World Languages (3)
MUSIC 6	Introduction to Music Theory (3)
MUSIC 28AD	Percussion Ensemble (1.5)
MUSIC 32	History of Jazz (3)
MUSIC 33B	Intercultural Music (3)
MUSIC 35	Music of Multicultural America (3)
MUSIC 40/40H	Appreciation of Music (3)

MUSIC 89	History of Rock (3)
PHIL 3	Intro to Issues/Phil, Psych & Religion (3) ²
PHIL 4	History of Ancient Philosophy (3)
PHIL 5	History of Modern Philosophy (3)
PHIL 6/6H	Introduction to Philosophy (3)
PHIL 7/7H	Introduction to Ethics (3)
PHIL 8	Philosophies of Global East and South (3)
PHIL 9	Introduction to Existentialism (3)
PHIL 10	Introduction to Feminist Philosophy (3)
PHIL 14	Philosophy of Religion (3)
PHIL 15	Introduction to Political Philosophy (3)
PHIL 16	Introduction to Business Ethics (3)
PHOT 10	History of Photography (3)
R_TV 1	Introduction to Broadcasting (3)
SPAN 1/1H	Elementary Spanish (5)
SPAN 2/2H	Elementary Spanish (5)
SPAN 3	Intermediate Spanish (5)
SPAN 4	Intermediate Spanish (5)
SPAN 8	Spoken Spanish (3)
SPAN 9/9H	Spanish for Spanish Speakers (5)
SPAN 10/10H	Spanish for Spanish Speakers (5)
SPAN 25A	Advanced Spanish: Culture in Literature (3)
SPAN 25B	Advanced Spanish: History (3)
SPAN 25C	Advanced Spanish: Politics, Current Event (3)
SPAN 25D	Advanced Spanish: Literature (3)
TART 1	Acting 1-Introduction to Acting (3.5)
TART 25	Introduction to Theatre (3)
TART 30	Introduction to Dramatic Literature (3)

² A cross-listed course cannot be used in more than one discipline nor can it be used to certify more than one area on Plan A.

Physical Fitness/Wellness

One unit required.

Note: Courses fulfilling Physical Fitness/Wellness provide content focused primarily on any of the following: physical activity, fitness, healthy eating, weight management, and stress management.

Code Number	Course Title	Units
Complete one of the following:		
DANCE 3	Musical Theatre Dance (2)	
DANCE 5	Tap Dance 1 (2)	
DANCE 6	Tap Dance 2 (2)	
DANCE 8	Stretch and Relaxation (2)	
DANCE 12A	Pilates 1 (2)	
DANCE 13	Turns (2)	
DANCE 14	Modern Dance 1 (2)	
DANCE 17	Modern Dance 4 (2)	
DANCE 18A	Folk and Ethnic Dance-African (2)	
DANCE 18B	Folk and Ethnic Dance-Belly Dance (2)	
DANCE 20	Jazz Dance 1 (2)	
DANCE 21	Jazz Dance 2 (2)	

DANCE 26	Ballet 1 (2)
DANCE 29	Ballet 4 (2)
DANCE 31	Choreography I (2)
DANCE 32	Choreography 2 (2)
DANCE 33	Dance Choreography Workshop (2)
DANCE 41/1	Dance Performance (0.5)
DANCE 41/2	Dance Performance (1)
DANCE 41/3	Dance Performance (2)
DANCE 41	Dance Performance (2.5)
NUTR 26	Nutrition for the Active Person (1)
NUTR 250	Nutrition in Healthy Cooking (2)
NUTR 254	Nutrition for Adults and Aging (1)
NUTR 255	Vegetarian Lifestyle (1)
NUTR 256	Weight Control & Energy Balance (2)
NUTR 260	Cultural Foods (1)
NUTR 261	Cooking for Wellness (1)
NUTR 262	Cooking for Singles (1)
HLED 21	Introduction to Public Health (3)
HLED 22	Health and Social Justice (3)
HLED 24	Drugs, Health and Society (3)
KINA 1	PE for the Physically Limited (1)
KING 2	Ultimate Frisbee (1)
KING 2B	Ultimate Frisbee (1)
KING 10	Badminton (1)
KING 10B	Badminton (1)
KING 14	Basketball (1)
KING 14B	Basketball (1)
KING 55	Lifeguard/Water Safety Training (4)
KING 65	Martial Arts (1)
KING 65B	Martial Arts (1)
KING 66	Self-Defense (1)
KING 66B	Self Defense (1)
KING 70	Soccer (1)
KING 70B	Soccer (1)
KING 74	Softball (1)
KING 76	Swimming (1)
KING 84	Tennis (1)
KING 86	Touch Football (1)
KING 90	Volleyball (1)
KING 90B	Volleyball (1)
KING 92	Sand Volleyball (1)
KING 92B	Sand Volleyball (1)
KING 94	Rugby (1)
KINIA 1AD	Baseball (Men) (3)
KINIA 2AD	Off-Season Conditioning for Athletes (0.5-3)
KINIA 3AD	Basketball (Men) (3)
KINIA 4AD	Pre-Season Training for Athletes (0.5-3)
KINIA 5AD	Cross Country (Men) (3)
KINIA 7AD	Football (Men) (3)
KINIA 13AD	Soccer (Men) (3)
KINIA 15AD	Swimming (Men) (3)
KINIA 19AD	Track & Field (Men) (3)

KINIA 21AD	Volleyball (Men) (3)
KINIA 23AD	Water Polo (Men) (3)
KINIA 27AD	Basketball (Women) (3)
KINIA 29AD	Cross Country (Women) (3)
KINIA 33AD	Beach Volleyball (Women) (3)
KINIA 35AD	Soccer (Women) (3)
KINIA 37AD	Softball (Women) (3)
KINIA 39AD	Swimming (Women) (3)
KINIA 41AD	Tennis (Women) (3)
KINIA 43AD	Track & Field (Women) (3)
KINIA 45AD	Volleyball (Women) (3)
KINIA 47AD	Water Polo (Women) (3)
KINPF 3	Aqua Calisthenics (1)
KINPF 4	Deep Water Aerobics (1)
KINPF 6	Cardio Fitness (1)
KINPF 8	Circuit Weight Training (1)
KINPF 8B	Circuit Weight Training (1)
KINPF 10	Stretch & Relaxation (1)
KINPF 10B	Stretch & Relaxation (1)
KINPF 12	Core Conditioning (1)
KINPF 12B	Core Conditioning (1)
KINPF 14	Yoga (1)
KINPF 17	Jogging (1)
KINPF 17B	Jogging (1)
KINPF 18	Triathlon Training (1)
KINPF 18B	Triathlon Training (1)
KINPF 21	Low Impact Cardio (1)
KINPF 22	Physical Fitness (1)
KINPF 22B	Physical Fitness (1)
KINPF 23	Cycling Conditioning (1)
KINPF 24	Cardio Cross Fit (1)
KINPF 42	Swimming Fitness (1)
KINPF 53	Resistance Training (1)
KINPF 54	Weight Training (1)
KINPF 54B	Weight Training (1)
KINPF 81	Fitness and Wellness Center (1)
KINPF 84A	Fitness and Wellness (2)
KINPF 84B	Fitness & Wellness (2)
KINPP 7	Intro to Community Recreation (3)
KINPP 10	Prevention & Care of Athletic Injuries (3)
KINPP 12	Techniques of Physical Fitness (2)
KINPP 15	Sports Officiating (Fall) (3)
KINPP 17	Sports Officiating (Spring) (3)
TART 5A	Acting 1 - Movement (2)
TART 5B	Acting 2-Movement, Mime and Mask (2)

Health Education

3 units minimum required.

Code Number	Course Title	Units
Complete one of the following:		
HLED 3	Contemporary Health Issues (3)	
HLED 4	Women's Health Issues (3)	

HLED 5	Men's Health Issues (3)
NUTR 20	Nutrition and Life (3)

OR

For VN Program you must complete both

BIO 60 & PSYCH 1	Human Biology (4) and Introduction to Psychology (3)
---------------------	---

OR

For DMI Program you must complete the following or the LVN/RN grouping below

ANAT 41 & DMI 60 & PSYCH 1	Anatomy & Physiology (5) and Radiologic Pathology (3) and Introduction to Psychology (3)
----------------------------------	--

OR

For LVN and RN Programs you must complete

ANAT 1 & PHYSI 1 & PSYCH 1	Human Anatomy (4) and Human Physiology (5) and Introduction to Psychology (3)
----------------------------------	---

Other Graduation Requirements

G.P.A. Requirements

For Graduation: A minimum major, LBCC, and cumulative G.P.A. of 2.0 ("C" average) based on all grades from all colleges from which courses are applied to LBCC degree. Some fields may have additional G.P.A. requirements; check the appropriate curriculum guide.

Continuous Enrollment

Continuous Enrollment is enrollment in and receiving a grade (A, B, C, D, F, P or NP) in at least one class per ACADEMIC YEAR (August to June) at LBCC or any other accredited higher education institution after being initially enrolled at LBCC. Students enrolled in non-credit courses may qualify for continuous enrollment if the course instructor has noted satisfactory progress in the class rollbook. For additional information, see Degrees and Programs section of the catalog.

Course Totals

General education units completed + field of concentration (Major) units completed + general elective units completed = overall total units. Must equal at least 60 units.

General education units total must equal 25 units for the A.A. or 19 units for the A.S. degree.

For graduation, complete a minimum of 60 A.A./A.S. applicable units (LBCC courses numbered 1-599). Some fields of concentration may require more units. Consult the appropriate curriculum guide at <https://www.lbcc.edu/curriculum-guides> (<https://www.lbcc.edu/curriculum-guides/>).

Any course that appears on a curriculum guide and the General Education Pattern (Plan A) may fulfill both major and general education requirements (approved by College Curriculum Committee in spring 2012 and applicable retroactively).

Degree Residency

A minimum of 12 units must be completed at LBCC. Only LBCC courses numbered 1-599 are applicable to the degree.

Field of Concentration (Major) Residency

For the field of concentration (LBCC Major), 50% of the requirements as defined by the appropriate curriculum guide must be completed at LBCC.

Number of major units completed at LBCC divided by the number of major units required multiplied by 100 = % of major units completed at LBCC (must be 50% or greater).

Application for Graduation

To receive a degree you must complete and submit the Application for Graduation form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.